

**Bringing / raising up
a child**

Child's leisure time:

- go in for sports
- groups of interest / hobby groups
- hanging out with friends
- outdoor activities (ride a bicycle ...)
- hobbies

Family situation:

- Single (lone) parent / both parents
- Sisters and brothers / only child
- Birth order (first born, middle born, last born) – *hand-out 1*

Parent's good example:

- to take after = *to follow as an example*
- to resemble (*He resembles his father very closely*)
- to look after = *to take care of*

Rules / Dos and Don'ts:

- Schedule and day's routine
- Free time
- Discipline
- Duties and Responsibilities

Child's character / personality:

- personality traits (*hand-out 2*)
- appearance (*hand-out 3*)
- star sings (*hand-out 4*)

Tips for raising happy children:

- Listen to your child
- Give unconditional love
- Give honest and specific praises
- Set realistic goals
- Don't hide your feelings
- Encourage enjoyment, not just results
- Make / establish contact with your child
- Always keep to your own rules
- Safety and discipline are important
- Keep regular hours
- Encourage the hobby of your child
- Direct child's energy into the right channels
- Explore the world around together